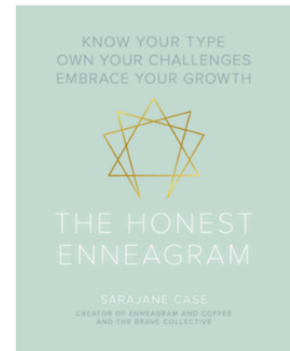


Enneagram Book List

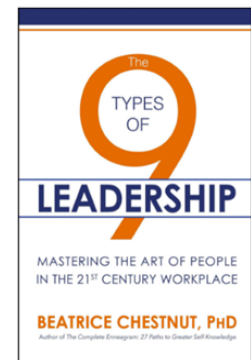
Case, Sara Jane. ***The Honest Enneagram*** (2020).

Based on the hit Instagram account, @enneagramandcoffee, this book is an introduction to the Enneagram itself, along with information about each type. With the feeling of your best friend telling you about the Enneagram and beautiful illustrations mixed in with the writing, this book is digestible and engaging for new and seasoned Enneagram fans.



Chestnut, Beatrice. ***The 9 Types of Leadership: Mastering the Art of People in the 21st Century Workplace*** (2017)

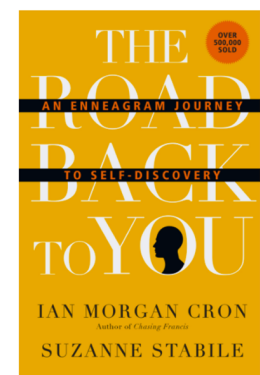
By providing extremely detailed and accurate descriptions of nine recognizable personalities, the Enneagram is an unmatched tool for business people to use to decode the mysteries involved in understanding why people do what they do, why we have conflicts with some people but not others, and how we can become aware of our blind spots. Most importantly, it can help leaders to know themselves in a deeper way so they can more effectively lead others and more powerfully model conscious behaviors for their direct reports.



Cron, Ian and Stabile, Suzanne. ***The Road Back to You: An Enneagram Journey to Self-Discovery*** (2016).

A practical, comprehensive way of accessing Enneagram wisdom and exploring its connections with Christian spirituality for a deeper knowledge of ourselves, compassion for others, and love for God.

Witty and filled with stories, this book allows you to peek inside each of the nine Enneagram types, keeping you turning the pages long after you have read the chapter about your own number. Not only will you learn more about yourself, but you will also start to see the world through other people's eyes, understanding how and why people think, feel, and act the way they do.

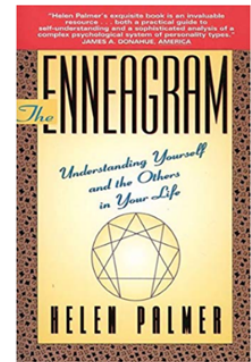


Palmer, Helen. *The Enneagram: Understanding Yourself and the Others In Your Life* (1991).

It would be impossible for most of us to spend a day without coming into direct or indirect contact with dozens of people family, friends, people in the street, at the office, on television, in our fantasies and fears. Our relationships with others are the most changeable, infuriating, pleasurable and mystifying elements in our lives.

Personality types, based on the ancient system of the Enneagram, will help you to enjoy more satisfying and fulfilling relationships in all areas of your life by introducing you to the nine basic personality types inherent in human nature. This knowledge will help you better understand how others think and why they behave as they do, as well as increasing your awareness of your own individual personality.

Written by the leading world authority on the Enneagram, it offers a framework for understanding ourselves and those around us, as well as a wealth of practical insights for anyone interested in psychology, counselling, teaching, social work, journalism and personal management.



Whitmeyer, Ashton. *The Enneagram Made Simple: A No-Nonsense Guide to Using the Enneagram for Growth and Awareness* (2022).

This easy guide to the Enneagram will help you figure out who you truly are and support you on your journey to becoming your best self. What sets this Enneagram book apart from other books on personality types:

- **The Enneagram made easy**—Learn about the origins of the Enneagram, the nine Enneagram personality types, and how to make sense of the Enneagram symbol.
- **Your Enneagram type**—Start your own journey of self discovery with an easy assessment that will help you determine your Enneagram type.
- **Exercises for every Enneagram**—Once you learn your Enneagram type, you'll dive deeper into what motivates you and explore ways to help you grow and to improve your relationships.

