

4 questions to predict your Enneagram type

Leadership begins with self-awareness and understanding. The Enneagram is a useful tool to help us understand how to use our strengths and gifts to find meaning in our work. It also helps to gain perspective on what it is like to work with us. The Enneagram is a scientific-based system with 9 personality types, based on strengths, core beliefs, limitations, and approach to relationships.

1. What do you fear the most?

- Fear of being bad
- Fear of being unwanted
- Fear of failing
- Fear of inadequacy
- Fear of ignorance
- Fear of fear itself
- Fear of being deprived
- Fear of being hurt
- Fear of conflict

2. What do you desire the most?

- Perfection
- Adoration
- Success
- Personal Impact
- Competence
- Support
- Contentment
- Protection
- Peace

3. What is your biggest struggle?

- Resentment
- Pride
- Deceit
- Envy
- Avarice
- Anxiety
- Gluttony
- Lust
- Sloth

4. What does your unconscious self long for?

- You are enough
- You are loved and wanted by the people in your life
- You are worthy of love, simply for being who you are
- Your unique and beautiful life matters
- Your needs are not a burden
- You are standing on solid ground that will always support you and keep you safe
- You are sufficient and what you have is sufficient
- It's okay to be vulnerable
- Your presence matters



If you're interested in learning more about your Enneagram type, take the full assessment at either of these websites:

[https://tests.enneagraminstitute.com/](https://tests enneagraminstitute.com/) Cost: \$12 to determine your score on all 9 types

<https://www.truity.com/test/enneagram-personality-test> Free test to learn your top score

This worksheet adapted from Howe, A. (2022, March 24). Your answers reveal your true self | personality test. Retrieved from <https://www.youtube.com/watch?v=V9pJHTEGrsg>